



EMPLOYEE ASSISTANCE PROGRAM (EAP) BENEFIT SUMMARY LOCAL UNION 831 –HEALTH FUND

CHEMICAL DEPENDENCY CASE MANAGEMENT SERVICES

Claremont will provide Chemical Dependency Case Management Services according to medical plan allowances. Claremont services include connecting members to an appropriate facility, case management for up to 12 months and general support related to alcohol and drug abuse. Extended eligibility for Substance Abuse Counseling and Treatment is available only to the employee, and is available up to six (6) months after loss of eligibility for the regular health insurance coverage.

COUNSELING

Six free visits per incident, per calendar year. Counseling can address any personal issue such as marital/family conflicts, parenting concerns, substance abuse, work stress, depression, and other issues that affect your quality of life. Counseling is available in person or via video conference. Additional visits are offered to clients at Claremont's discounted rates.

LEGAL CONSULTATION

Up to 30-minutes of free consultation is provided at no cost. A 25% discount is available for any service beyond the initial consultation. Telephonic or in-person consultation is available. Attorneys have expertise in areas such as family law, consumer issues, traffic violations and personal injury, etc. Free "Simple Will" kits are available upon request.

FINANCIAL SERVICES

An initial 30-60 minute consultation with a financial counselor is available at no cost. Financial specialists are able to assist employees/family members with budgeting, retirement planning, debt consolidation, ID Theft, financial planning, etc. Free credit reports and consultation are provided upon request.

ELDER/ADULT/CHILD CARE

Nationwide referrals for elder/adult/child care resources are provided. A Work/Life Specialist consults with each employee/family member to generate a customized report, which provides a listing of appropriate agencies/services and other helpful written information.

SCHOOL/COLLEGE ASSISTANCE

This nationwide program helps parents research elementary and/or secondary schools for their child. Claremont also provides assistance with the college search process for both college-bound children and the working adult in search of furthering his/her educational needs.

ADOPTION ASSISTANCE

Nationwide referrals for adoption attorneys, agencies, infertility specialists, and support groups are provided.

CONVENIENCE & WELLNESS REFERRALS

Referrals provided for daily living such as pet care, home repair, errand services, travel, entertainment and apartment locator services. Help with physician searches, medical support groups, fitness centers, diet & nutrition resources, alternative medicine and other resources.

CLAREMONT PERSONAL ADVANTAGE (CPA)

Unlimited access is provided to Claremont's Enhanced Web Site for articles, resources, videos and assessments about health, finance, legal issues, personal growth, stress, family life and more.

Go to <http://www.claremonteap.com/pages/cap.html> and use organization name: **Local 831**

For free and confidential assistance, call Claremont EAP at 800-834-3773.

Some restrictions may apply. 2/25/15